

ÖZGEÇMİŞ

1. **Adı Soyadı:** Banu Çankaya
İletişim Bilgileri:
MEF Üniversitesi, Psikoloji Bölümü
Huzur Mh., Maslak Ayazağa Cd. No: 4, 34396
Sarıyer, İstanbul
2. **Doğum Tarihi:** 20/12/1976
3. **Unvanı:** Yrd. Doç. Dr.
4. **Öğrenim Durumu:** Doktora

Derece	Alan	Üniversite	Yıl
Lisans	Psikoloji	Boğaziçi Üniversitesi	1999
Bütünleşik Doktora	Klinik Psikoloji	Virginia Polytechnic Institute and State University	2007

5. **Akademik Unvanlar:**

Yardımcı Doçentlik Tarihi: 2009

Klinik Psikolog, ABD, New York Eyaleti, Eğitim Bakanlığı tarafından akreditasyon: 2008

6. **Yönetilen Yüksek Lisans Tezleri**

Tekin, C. (2013) Günlük iş stresinden kurtulmada evdeki yaşantıların etkisi.

Is it Possible for Workaholic Employees to Recover without Detaching from Work? Moderating Role of Having Control over Leisure Time, Koç Üniversitesi/Sosyal Bilimler Enstitüsü/Psikoloji Anabilim Dalı

Beckmann, Hannah (2014). Related self and sense of belonging as protective factors against suicidal tendency in Turkish adolescents during transition to university, Koç Üniversitesi/Sosyal Bilimler Enstitüsü/Psikoloji Anabilim Dalı

Yönetilen Yüksek Lisans Bitirme Projeleri

Turgay, G. (2010). A comprehensive literature review and a treatment protocol of anorexia nervosa for a hypothetical case.

Vatansever, E. (2010). Generalized anxiety disorder: Literature review of outcome studies and treatment plan for a hypothetical case.

7. **Yayınlar**

7.1. Uluslararası hakemli dergilerde yayınlanan makaleler (SCI & SSCI & Arts and Humanities)

Saucier, G., Kenner, J., Iurino, K., Bou Malham, P., Chen, Z., Thalmayer, A. G., Kemmelmeier, M., Tov, W., Boutti, R., Metaferia, H., **Çankaya, B.**, et al. (2015). Cross-cultural differences in a global 'Survey of World Views'. *Journal of Cross-Cultural Psychology*, 46, 53-70.

Çankaya, B., Talbot, N. L., Ward, E. A., & Duberstein, P. (2012). Parental sexual abuse

and suicidal behaviour among women with major depressive disorder. *The Canadian Journal of Psychiatry*, 57(1), 45-51.

Çankaya B., Chapman B. P., Talbot N. L., Moynihan J., & Duberstein P. R. (2009). History of sudden unexpected loss is associated with elevated interleukin-6 and decreased insulin like growth factor-1 in women in an urban primary care setting. *Psychosomatic Medicine*, 71(9), 914-919, doi: 10.1097/PSY.0b013e3181be7aa8.

7.2. Uluslararası diğer hakemli dergilerde yayınlanan makaleler

Çankaya B., Ayturk, E., & Coskun C. (2011). Diatheses to depression: The interactions of schema propositions, schema structure, and negative life events [Special issue: Clinical Science]. *Psychomed*, 3, 23.

7.3. Uluslararası bilimsel toplantılarda sunulan ve bildiri kitabında (Proceedings) basılan bildiriler

Çankaya, B., Franko, I., & Caine, E. D. (2016, Temmuz). Are Individual Differences in Autonomy and Relatedness Values linked to Suicidal Behavior and Depression? The European Conference of Psychology and Behavioral Sciences, Brighton, UK.

Çankaya, B., Dora B., & Caine, E. D. (2015, Mart). Different Types of Stressors, Self-Constructs and Communal Coping. The 27th Annual Conention, APS, New York, New York.

Dora, B., Çankaya, B., & Caine, E. D. (2015, Mart). Specific Associations of Relatedness and Autonomy with Increased Suicidal Behavior. International Convention of Psychological Science, Amsterdam, Holland.

Çankaya, B. (2014, Nisan). Are There Socio-Cultural Factors That Protect Against Suicide? Research Consultation Meeting, Centre for Suicide Research and Prevention. Davetli Konuşmacı the University of Hong Kong, Hong Kong.

Beckmann, H., Erhan, C., Dora, B., & Çankaya, B. (2014, Mayıs). Relatedness but not Autonomy is Associated with Decreased Suicidal Ideation. The Twenty-Sixth Annual Convention of Association for Psychological Science, San Francisco, CA, USA.

Ayturk, E., Çankaya, B., & Gulgoz, S. (2013, Ağustos). The Role of Personality and Emotional State on Risk Taking Behavior. The Eighteenth Meeting of the European Society for Cognitive Psychology, Budapest, Hungary.

Çankaya, B., Talbot, N., Chapman, B., & Duberstein, P. (2008, Mart). Sudden and Unexpected Loss of a Loved One and Immune Function. Poster presented at the American Psychosomatic Society, Baltimore, MD.

Çankaya, B., & Clum, G. A. (2005, Kasım). *Diatheses to Depression: Test of a Meta-Construct Model of Schemas*. The 39th Annual Convention of ABCT Convention, Washington, DC.

Çankaya, B., & Clum, G. A. (2005, Mayıs). *Young Schema Questionnaire and Dysfunctional Attitudes Scale: A longitudinal study of depression*. The 17th Annual Convention of American Psychological Association, Los Angeles, CA.

Clum, G. A., & Çankaya, B. (2005, Mayıs). *Reliability and validity of Impact of Loss Scale*. The 17th Annual Convention of American Psychological Association, Los Angeles, CA.

Çankaya, B., & Clum, G. A. (2004, Kasım). *Interpersonal stressors and maladaptive cognitive schemas: Relationship to depression in young adults*. The 38th Annual Convention of American Association of Behavioral Therapy, New Orleans, LA.

Francisco, J., Çankaya, B., & Cooper, L. D. (2004, Kasım). *Adult ADHD, comorbidity, and differential process*. The 38th Annual Convention of American Association of Behavioral Therapy, New Orleans, LA

Çankaya B., & Clum, G.A. (2003, Mayıs). *Psychosocial factors, maladaptive schemas, and depression in young adults: An integration*. The 15th Annual Convention of American Psychological Society, Atlanta, GA.

Çankaya B., & Clum, G.A. (2003, Mayıs). *Scales of perceived expressed emotion: A critical review*. The 15th Annual Convention of American Psychological Society, Atlanta, GA.

7.4. Yazılan uluslararası kitaplar veya kitaplarda bölümler

Çankaya, B., & Kuşçu, K. (2015). Coping with neurosurgery: Children and their families. In M. M. Ozek, G. Cinalli, W. J. Maixner, C. Sainte-Rose (Eds.), *Posterior Fossa Tumors in Children* (pp. 917-929). Switzerland: Springer International.

Kuşçu, K., & **Çankaya, B.** (2008). A family-centered evaluation of psychosocial agendas in spina bifida. In M. Ozek, G. Cinalli, W. J. Maixner (Eds.), *The Spina Bifida: Management and Outcome* (pp. 413-421). Milan, Italy: Springer.

7.5. Ulusal bilimsel toplantılarda sunulan ve bildiri kitabında basılan bildiriler

Çankaya, B., Atalay, Z., ve Budak, M. (2017, Eylül). Cultural Considerations and Questions on Mindfulness-Based Psychotherapy Approaches. 47th Congress of European Association for Behavioural and Cognitive Therapies, Ljubjana, Slovenia.

Çankaya, B., Franko, I., ve Caine, E. D.. (2016, Eylül). Bireysel Tanımlar ve Toplumsal Değerler Arasındaki Uyuşmazlık ile İntihar Davranışı Arasındaki İlişkide Aidiyet Algısının Rolü (The Role of Belongingness in the Link between Discrepancy between Individual's and Society's Descriptions of Cultural Values and Suicidal Ideation). 19. Ulusal Psikoloji Kongresi (19th National Congress of Psychology), Izmir, Türkiye.

Beckmann, H., Erhan, C., Dora, B., Kitis, S., Öztürk, E. ve Çankaya, B. (2014, Nisan). Depresyon ve İntihar Eğiliminin Aidiyet Duygusu ve Toplulukçuluk/Bireycilik ile İlişkisi. 18. Ulusal Psikoloji Kongresi, Bursa, Türkiye.

Çankaya, B., Talbot, N., Chapman, B., ve Duberstein, P. (2011, Temmuz). Parental Sexual Abuse History and Associations with Suicidal Behavior among Depressed Women. The Twelfth European Congress of Psychology, Istanbul, Türkiye.

Çankaya, B., Ayturk, E., ve Coskun, C. (2011, Eylül). Diatheses to Depression: The Interactions of Schema Propositions, Schema Structure, and Negative Life Events. The Seventh International Congress of Cognitive Psychotherapy, Istanbul, Türkiye.

Çankaya, B., Talbot, N., Chapman, B., ve Duberstein, P. (2008, Mart). Sudden and Unexpected Sudden and Unexpected Loss of a Loved One and Immune Function. Poster presented at the American Psychosomatic Society, Baltimore, MD.

Çankaya B. (2002, December). *Project on supporting the caregivers of children at the pediatric physical therapy outpatient unit*. The 4th National Consultation–Liaison Psychiatry Congress, Istanbul, Türkiye.

7.8. Uluslararası Atıflar

Atıf sayısı: 12 (Web of Science citation report) Saucier, G., Kenner, J., Iurino, K., Bou Malham, P., Chen, Z., Thalmayer, A. G., Kemmelmeier, M., Tov, W., Boutti, R., Metaferia, H., **Cankaya, B.**, et al. (2015). Cross-cultural differences in a global 'Survey of World Views'. *Journal of Cross-Cultural Psychology*, 46, 53-70.

Atıf sayısı: 6 (Web of Science citation report) Cankaya, B., Talbot, N. L., Ward, E. A., & Duberstein, P. (2012). Parental sexual abuse and suicidal behaviour among women with major depressive disorder. *The Canadian Journal of Psychiatry*, 57(1), 45-51.

Atıf sayısı: 8 (Web of Science citation report) Cankaya B., Chapman B. P., Talbot N. L., Moynihan J., & Duberstein P. R. (2009). History of sudden unexpected loss is associated with elevated interleukin-6 and decreased insulin like growth factor-1 in women in an urban primary care setting. *Psychosomatic Medicine*, 71(9), 914-919, doi: 10.1097/PSY.0b013e3181be7aa8.

8. Ulusal & Uluslararası Projeler (DPT, TÜBİTAK, AB, vb)

Tubitak, 3501-, *Türkiye’de stres ve intihar davranışına karşı koruyucu bir etmen olarak aidiyet duygusunun bireysel ve sosyokültürel düzeyde analizi*, 2013-2015.

9. İdari Görevler

Koç Üniversitesi, Psikoloji Bölümü, Bölüm Başkanı, 2015-2016

10. Bilimsel ve Mesleki Kuruluşlara Üyelikler

2013- International Association for Suicide Prevention
2012- Association for Contextual Behavioral Science (ABD ve Türkiye kolları)
1999 – Türk Psikologlar Derneği

11. Ödüller

University of Rochester Medical Center, Department of Psychiatry, Research Fellowship

12. Son iki yılda verilen lisans ve lisansüstü düzeydeki dersler

Akademik Yıl	Dönem	Dersin Adı	Haftalık Saati		Öğrenci Sayısı
			Teorik	Uygulama	
2017	Güz	Çocuk ve Ergenlerde Psikopatoloji	1.5	1.5	15
		Araştırma Yöntemleri	1.5	1.5	48
2015-2016	Güz	Yetişkin Psikopatoloji	2.5	3	40
		Yeni dönem Bilişsel Davranışçı Terapi Yaklaşımları	2	3	40
	İlkbahar	Kişilik Kuramı	2.5	1	35
		Psikopatoloji	2.5	3	40
2014-2015	Güz	Kişilik Kuramı	2.5	1	35
		Yetişkin Psikopatoloji	2.5	3	40
	İlkbahar	Yetişkin Psikopatoloji	2.5	3	42
		Klinik Psikoloji	2.5	3	40